

# UNIVERSAL MEDICATION FORM

Fold this form and keep it in your wallet

Date form started:    /    /

<b>Name:</b>	<b>Address:</b>	<b>Emergency Contact Name/Phone numbers</b>
<b>Phone Number:</b>		
<b>Birth Date:</b>	<b>Ht:</b> <b>Wt:</b>	

### IMMUNIZATION RECORD (Record the date/year of last dose taken, if known)

FLU VACCINE	PNEUMONIA VACCINE	HEPATITIS VACCINE	TETANUS	OTHER
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<b>Allergic To / Describe Reaction:</b>	<b>Allergic To / Describe Reaction:</b>	<b>Allergic To / Describe Reaction:</b>

**LIST ALL MEDICINES YOU ARE CURRENTLY TAKING:** prescription and over-the-counter medications (examples: aspirin, antacids) and herbals (examples: ginseng, ginkgo). Include medications taken as needed (example: nitroglycerin).

DATE	NAME OF MEDICATION / DOSE	DIRECTIONS: Use patient friendly directions. (Do not use medical abbreviations.)	Notes: Reason for taking and Doctor Name	DATE STOPPED	Notes: Reason for stopping; complications, etc

Refer to attached page for directions

# UNIVERSAL MEDICATION FORM

## Patient:

1. **ALWAYS KEEP THIS FORM WITH YOU.** You may want to fold it and keep it in your wallet along with your driver's license. Then it will be available in case of an emergency.
2. Write down all of the medications you are taking and list all of your allergies.
3. Take this form to ALL doctor visits, when you go for tests and ALL hospital visits.
4. **WRITE DOWN ALL CHANGES MADE TO YOUR MEDICINES** on this form. If you stop taking a certain medicine, draw a line through it and write the date it was stopped. If help is needed, ask you Doctor, Nurse, Pharmacist, or family member to help you to **keep it up-to-date.**
5. In the NOTES column, write down the name of the doctor who told you to take the medicine(s). You may also write down why you are taking the medicine (Examples: high blood pressure, high blood sugar, high cholesterol).
6. When you are discharged from the hospital, someone will talk with you about **WHICH MEDICINES TO TAKE AND WHICH MEDICINES TO STOP TAKING.** Since many changes are often made after a hospital stay, a new form should be filled out. When you return to your doctor, take your new form with you. This will keep everyone up-to-date on your medicines.

## HOW DOES THIS FORM HELP YOU?

1. This form helps you and your family members **remember** all if the **medicines you are taking.**
2. Provides your doctor(s) and others with a **current list of ALL of your medicines.** Doctors need to know the herbals, vitamins, and over-the-counter medicines you take!
3. **Helps you** - concerns may be found and prevented by knowing what medicines you are taking.