

Energy Zone by Freshens
Greenville Memorial Hospital
Call In Orders - 455-3060

Learn more at
www.fuelforthebodyandmind.com

TROPICAL FRUIT SMOOTHIES:

Regular \$3.89 Large \$4.89

Non-Dairy, Fat Free, High Potency Vitamins A-C-D-E, High Antioxidant, 280 mg Calcium



1. **Strawberry Mirage**
10 fruit juices, strawberries, bananas, MET-Rx Booster
2. **Mango Spirit**
10 fruit juices, mango, strawberries, bananas, passion fruit, MET-Rx Booster
3. **Pineapple Paradise (Low Fat)**
10 fruit juices, pineapple, coconut, strawberries, MET-Rx Booster
4. **Strawberry Karma**
10 fruit juices, strawberries, MET-Rx Booster
5. **Blueberry Bar (Super Antioxidant)**
10 fruit juices, blueberries, raspberries, acai, strawberries, MET-Rx Booster.
6. **Peach Passion**
10 fruit juices, peaches, bananas, strawberries, MET-Rx Booster

ORANGE SMOOTHIES

Regular \$3.89 Large \$4.89

Dairy, High Potency Vitamins A-C-D-E, 350 mg Calcium, 325 mg Potassium

7. **Orange Sunrise (Low Fat)**
Orange Juice and Sherbet, bananas, pineapple, strawberries, MET-Rx Booster
8. **Mystical Mango (Low Fat)**
Orange Juice and Sherbet, mango, passion fruit, pineapple, MET-Rx Booster



YOGURT SMOOTHIES

Regular \$3.89 Large \$4.89

Dairy, Fat Free, High Potency Vitamins A-C-D-E, 390 mg Calcium, 9 g Protein

9. **Strawberry Spirit**
Fat Free Yogurt, strawberries, bananas, MET-Rx Booster
10. **Strawberry Squeeze**
Fat Free yogurt, strawberries, MET-Rx Booster
11. **Raspberry Royale**
Fat free yogurt, raspberries, strawberries, MET-Rx Booster
12. **Peach Paradise**
Fat Free yogurt, peaches, pineapple, MET-Rx Booster

ENERGY SMOOTHIES

Regular \$3.89 Large \$4.89

Fat free, 300% B-6, 100% B-12, 100 mg Taurine, 16 gm Protein, Dairy, 400mg Calcium

13. **High Test Energizer**
A full kick of high-test energy drink with 10 fruit juices, strawberries and pineapple
14. **Peanut Butter Energizer**
Fat free yogurt, peanut butter, bananas, chocolate syrup



ACAI ENERGY - BRAZILIAN SUPER FRUIT

Regular \$3.89 Large \$4.89

Caffeine Free Energy, Essential Amino Acids, High Antioxidant, Healthy Omegas

15. **Acai Energy Smoothie**
10 fruit juices, Brazilian Acai, strawberries, bananas
16. **Acai Energy Bowl**
3 scoops of Acai topped with fresh banana slices and low fat granola served beach style

**LOW CAL SMOOTHIES
(LESS THAN 155 CALORIES)**

Regular \$3.89 Large \$4.89

*Fat Free, No sugar added, High Potency
Vitamins A-C-D-E, High Antioxidant*

- 17. Soulful Strawberry - 89 calories
10 fruit juices, strawberries,
MET-Rx Booster
- 18. Magical Strawberry - 154 calories
Fat free yogurt, strawberries,
MET-Rx Booster
- 19. Majestic Mango - 90 calories
10 fruit juices, mango, peaches, passion
fruit, MET-Rx Booster
- 20. Orange Shooter - 133 calories (Low Fat)
Orange juice and sherbet, strawberries,
MET-Rx Booster



JAVABOOST FROZEN COFFEE

Original or Light \$3.69
Mocha, Caramel, Java Chip

BLENDÉ CRÈME

Caffeine Free - Original or Light * \$3.69
Strawberry Crème, Vanilla Crème, Double
Chocolate Crème

* Light served without whipped cream and
topping and sweetened with Splenda

MET-Rx LIFESTYLE BOOSTERS

Additional Boosters - add \$.59

Mega Energy E2

Provides a surge of energy to rev up the
mind and body *

Caffeine, Taurine, Niacin, B12

Focus

Vitalizes the mind, supports alertness
and cognitive function *

L-Tyrosine, L-Carnitine, L-Taurine, Caffeine

Xtreme Lean

Boost energy to make the most of your diet
and exercise routine *

Chromium, Green Tea, Caffeine, L-Carnitine

Green Tea

3 tea blend for antioxidant health *

Green tea, White tea, Oolong tea

Superfood

Promotes well being of body and mind *

*Wheat grass, Spirulina, Barley grass,
Alfalfa*

MET-Rx Protein

Provides protein needed for muscle and
other important structures of the body *

Exclusive Metamyosyn® Protein Blend

Sports Performance

Provides fuel for workouts. * Essential
Aminos, Nutrients and Electrolytes for
Hydration and Added Energy *

*L-Arginine, L-Glutamine, Magnesium
Caffeine*

* *These statements have not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat, cure
or prevent any disease.*

THRIVE FROZEN YOGURT

Helps to support your body's defenses with
active Bifidus Probiotics Natural Culture

Cups

Small \$1.99
Medium \$2.29 (9g protein)
Large \$2.59 (11g protein)

Cones

Waffle \$1.89
Cake \$1.79
Toppings \$.59



Fat Free Chocolate

Fat Free Vanilla

MICROBLAST

Candy Blasted Soft Serve

Regular \$2.79 Large \$3.09

Cookie Dough
Brownie Batter
Oreo

Triple Berry - blueberries, strawberries,
raspberries

Reese's Pieces® (20g protein) and peanut
butter

MILKSHAKES - 14 g Protein \$3.09

Oreo Cream
Vanilla

Strawberry
Chocolate



We also have 8 tasty flavors of ice cream